



K2 HOCKEY CLINICS

PRESENTS...

The 28th Annual
**Power Skating Clinics
&
Conditioning/Puck Skills
Clinics**

**“EXPERT INSTRUCTION
FROM
PROFESSIONAL EDUCATORS”**

***Fact:** Power Skating is the most important skill in the game of hockey. Having the ability to skate effectively means having the ability to play more effectively.*

***Fact:** Most teams do not teach the “Science of Skating” and therefore the players are not efficient skaters.*

K2 HOCKEY CLINICS 2025

Power Skating

4 age groups- Only 25 in each group
Murray Arena
Okotoks, Alberta

5 sessions **Aug 19, 20, 21, 25 & 26**
(must be 5 years or older in 2025)

Conditioning / Puck Skills Okotoks Arenas

Aug 27, 28, Sept 1 & 2
(U-13 age and older)



Contact Us

(403) 968-5458
Okotoks, Alberta

<http://k2hockey.squadfusion.com>

k2hockey@yahoo.ca

www.k2hockeyclinics.com

PROFESSIONAL INSTRUCTOR PROFILES

Kevin Knibbs-K2

(Director of K2 Hockey Clinics)

Kevin has directed or instructed hockey schools for over **40 years**. He played professional hockey in the Premiere Division in Germany, Varsity hockey at the University of Manitoba, Senior A and Junior A. He has coached male and female hockey teams at the AAA level and was a member of the Hungarian U-18 coaching staff at the IIHF Pool A Div 1 World Championships and the Mac's Major Midget tournaments. He has taught and been an administrator at Junior & Senior High Schools.

Ryan Olynyk

(Head Instructor)

Ryan played Varsity hockey and has instructed hockey schools for over **35 years**. He has coached female hockey teams at the AAA level. Ryan has a Masters of Education Degree and teaches in Calgary.

Danika Knibbs-Holt

(Head Instructor)

Danika played Alberta Major Midget Female AAA, Tier 1 in the Southern Alberta Women's Hockey League, and three years in the City of Saskatoon in the ASHL. She has been a head instructor of all ages and levels for over **20 years** with K2 Hockey Clinics and Black Elk Hockey School. Danika teaches at Oilfields High School.

K2 Hockey Clinics teach the "Science of Skating and Puck Control". These Clinics stress the techniques of skating.

REGISTRATION

visit...

<http://k2hockey.squadfusion.com>

Full payment, by interac e-transfer or credit card, and must accompany registration form.

Credit Cards are charged a 5% Processing Fee

Interac e-transfer to: k2hockey@yahoo.ca

Cash and cheques upon approval

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All sessions coached by Professional Educators with extensive experience in hockey as players, coaches and instructors.

Minimum registrations must be achieved in each level in order for clinics to run.

K2 Hockey Clinics has delivered specialized hockey clinics at elite hockey schools in Czech Republic, Australia, Hungary, United States & Canada!

NEED TO KNOW

Group assignments: Power skating participants are assigned to their group by K2 Hockey Clinic staff. You will be contacted with your assigned ice time in mid August.

Equipment: Full hockey equipment is required for both clinics including sticks and a personal water bottle (name on bottle please).

Inappropriate behavior will not be tolerated. A skater will be given a warning and if the behavior persists, will be asked to leave the program with no refund.

K2 HOCKEY CLINICS

"The Hockey School that comes to you!"



K2 Power Skating Clinics provides 5 engaging & active ice sessions with 3 instructors on the ice at all times!

SCHEDULE AND FEES

POWER SKATING CLINICS

- Balance, agility, glide and stroke
- Acceleration and Power
- Forward and Backward Skating
- Starting and stopping
- Crossovers - forward and backwards
- Mohawk turns and tight turns
- Quick feet drills

\$189

Okotoks Murray Arena

5 sessions **Aug 19, 20, 21, 25 & 26**

(must be 5 years or older in 2025)

Youngest group starts at **5:30pm**

Oldest group is off ice at **8:45pm**

Ice times will be assigned by K2 Hockey Clinic staff

CONDITIONING/PUCK SKILLS CLINIC

(U-13 Pee Wee age and older)

- Conditioning
- Stick and Puck handling
- Passing and Receiving
- Timing Drills
- Small Area Games

\$189

Okotoks Arenas

Aug 27, 28, Sept 1 & 2

2 Groups

(U-13 and older)

4:45-5:45pm & 5:45-6:45pm

Ice times will be assigned by K2 Hockey Clinic staff
